

# Level 3 NVQ in Health and Social Care



We deliver nationally accredited work based NVQ programmes which assess competence against occupational standards. They also complement and embed your existing in-house training to maximise the benefits across the organisation.

## Programme information

Who is this NVQ for: Employees who work within the care profession  
Typical duration: 26 weeks  
Progression opportunities: NVQ Level 4 in Health & Social Care

## Programme Content:

To achieve the NVQ in Health & Social Care the learner needs to present evidence of competence to support 8 units made up of:

### Mandatory units - must do all of the following:

- 301 Promote effective communication for and about individuals
- 302 Promote, monitor and maintain health, safety and security in the working environment
- 303 Reflect on and develop your practice
- 305 Promote choice, wellbeing and the protection of all individuals

### Optional Units - chose 4 of the following:

- 328 Contribute to care planning and review
- 329 Contribute to planning, monitoring & reviewing the delivery of service for individuals
- 330 Support individuals to access and use services & facilities
- 331 Support individuals to develop & maintain social networks & relationships
- 332 Support the social, emotional & identity needs of individuals
- 333 Prepare your family & networks to support individuals requiring care
- 334 Provide a home & family environment for individuals
- 335 Contribute to the protection of individuals from harm and abuse
- 336 Contribute to the prevention & management of abusive & aggressive behaviour
- 337 Provide frameworks to help individuals to manage challenging behaviour
- 502 Carry out assessment to identify & prioritise needs
- 506 Support individuals to live at home
- 508 Support individuals to manage their financial affairs
- 513 Recognise, respect & support the spiritual wellbeing of individuals
- 514 Plan, agree & implement development activities to meet individuals needs
- 515 Support individuals to continue therapies
- 521 Identify the individual at risk of skin break down & undertake the appropriate risk assessment
- 522 Move and position individuals
- 526 Identify the physical health needs of individuals with mental health needs
- 531 Support individuals with specific communication needs
- 536 Administer medication to individuals
- 543 Support individuals to prepare for, adapt to & manage change
- 544 Prepare & support individuals to move & settle into new living environments
- 545 Support individuals through bereavement
- 554 Prepare, implement & evaluate agreed therapeutic group activities
- 564 Contribute to raising awareness of health issues

### What we offer...

- Your own dedicated Assessor/trainer will work from your premises, becoming part of your team and an extension of your training arm
- Flexible start and end dates to minimise disruption
- All assessment and training done on your premises - no need for employees to leave the site
- Candidate led portfolio - which evidences activities undertaken against NVQ standards
- Information, advice and guidance provided to each candidate
- Focused training consisting of face to face workshops and workbook exercises using a delivery schedule to suit your needs
- On the job observation and assessment with candidate feedback and review sessions to monitor progress and review targets

### Typical delivery model

#### 1. Curriculum Planning Meeting

To confirm your development needs and review your Standard Operational Procedures. Which we then map to the existing NVQ framework.

#### 2. 'Assess-Train-Assess' - to Ensure Added Value and Maximum Benefits

**Assess:** Assessment of literacy/numeracy and occupational skills to identify skills gaps and training requirements so that workshops and training activities are designed to meet the individual needs of the learner.

**Train:** Reinforcement of the knowledge needed to effectively perform job role by introducing or re-visiting techniques through job specific workshops or workbook activities to improve skills and generate supplementary evidence.

**Assess:** On the job assessment over time to observe theory being put into practice and to assess development of skills

#### 3. Continuous Improvement through employer/learner evaluation

Evaluations are held at key dates to monitor the quality and content of the programme delivery.

#### The Assessor/Trainer

The assessment and training is carried out by experienced, occupationally competent Assessor/Trainers.