

Course Information

NCFE Intermediate Certificate in Occupational Health and Safety

Who is the course suitable for?

It is suitable for anyone involved in maintaining health and safety in the workplace or anyone interested in initial training in workplace health and safety. You do not need to have any formal qualifications in order to follow this course but you will need to demonstrate commitment and motivation to work through the specially prepared distance-learning materials.

Course aims

The course aims to provide you with an understanding of key health and safety legislation and how to maintain health and safety in the workplace.

What is included in the course?

The course will cover the following areas:

- Identifying hazards in the workplace
- The Health and Safety at Work Act
- Other legislation and regulations in the workplace
- European legislation

Course delivery and assessment

You will be provided with a series of workbooks for the programme which you can work through at your own pace and at times convenient to you. The workbooks contains the knowledge you require to progress towards achieving the qualification with activities to allow you to practise skills and test your learning.

You will work through the learning materials and complete assessment tasks at the end of each unit. Learning activities and assessments are based on a combination of knowledge and skills learned on the programme and work-based activities and experience.

This course can also be delivered as workshops in your workplace or at an identified venue.

On successful completion of the 4 units you will be awarded a certificate.

Progression opportunities

There is a wide range of industry-specific NVQs and other vocational qualifications that include aspects of health and safety. For example, you could progress on to NVQs in Care, Distributive Operations, Distribution and Warehousing, Retail Operations, Cleaning, Food Preparation, Food and Beverage Service and Sport and Recreation.